



MYSTICS TODAY

WITH TAMI SIMON



sounds true
STUDIOS

LOGLINE

Mystics Today takes viewers on a spiritual journey with Tami Simon, CEO and founder of Sounds True, as she **uncovers the intimate stories** of today's most revered wisdom teachers. Pulling from various spiritual and intuitive backgrounds and philosophies, she dives deep into conversation with modern mystics about being in touch with the intelligence of life, and **what it means to be a mystic today.**



[Watch Trailer](#)

MEET TAMI SIMON

Tami Simon started Sounds True at the age of 22 with a dream and a tape recorder. That dream was: **to disseminate spiritual wisdom**. Over its 36-year history, Sounds True has grown into a multimedia publisher that has produced over 6,000 titles, being North America's leading publisher of spoken-word spiritual teachings.

Tami hosts the popular Sounds True podcast, Insights at the Edge, which has now been downloaded more than 20 million times. She is also the founder of the Sounds True Foundation, which is dedicated to bringing spiritual education to people who would otherwise not have access. She lives in British Columbia with her wife, Julie Kramer, and their two spoodles, Raspberry and Bula.

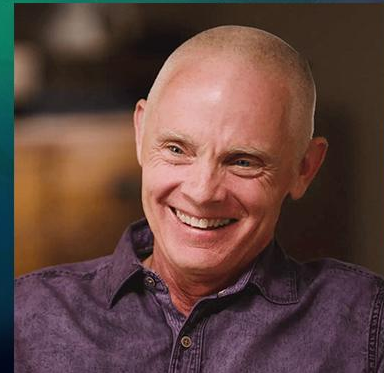


SHOW FORMAT

Each 60 min episode will explore the story of a different mystic, giving viewers exclusive access to their worlds, with a combination of sit-down interviews, follow-doc footage and archival materials.

As our teachers share their personal stories, they reveal their "aha" moments and discoveries about how the world *really* works, which led to their direct path to revelation, wisdom and knowing.

Our host Tami Simon interviews each mystic, spending time with them in an intimate environment, providing viewers with her own unique POV and insights into each mystic's story. Told in their own words, each teacher's story will reveal the *defining* moments in their life that led to them becoming a modern mystic.



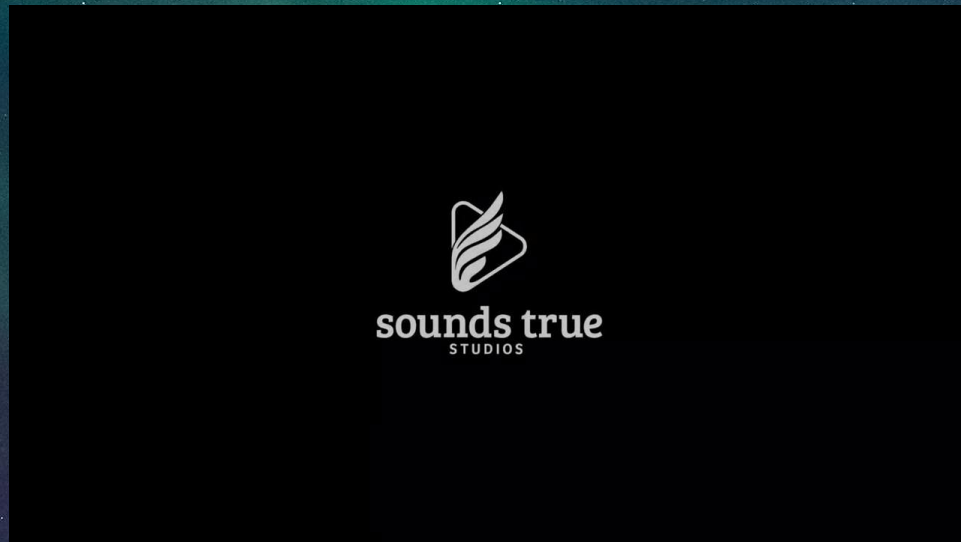
EPISODE 01

“The Direct Way”



Adyashanti

A longtime Zen Buddhist practitioner, Adyashanti, experienced a profound series of spiritual awakenings that also included, in his own words, “waking up out of Zen”. He believes we are living at a time when spiritual awakening is no longer reserved for monastics or the spiritual few, but is instead available to anyone who is sincerely committed to the discovery of what is true in the depth of our innermost heart.



EPISODE 02

“May All Be Free”



Lama Rod Owens

Lama Rod Owens is not your traditional Buddhist monk. He describes himself as a “Queer Black Buddhist Minister, author, activist, authorized lama and QUEEN.” He first started meditating in his early twenties in response to a debilitating depression, and then threw himself into the practice, entering a 3-year meditation retreat... emerging as a Lama, or master teacher. Lama Rod communicates the essence of the Buddhist teachings in his own unique way with openness, honesty, and vulnerability. He helps each of us become more free, so we can free others.



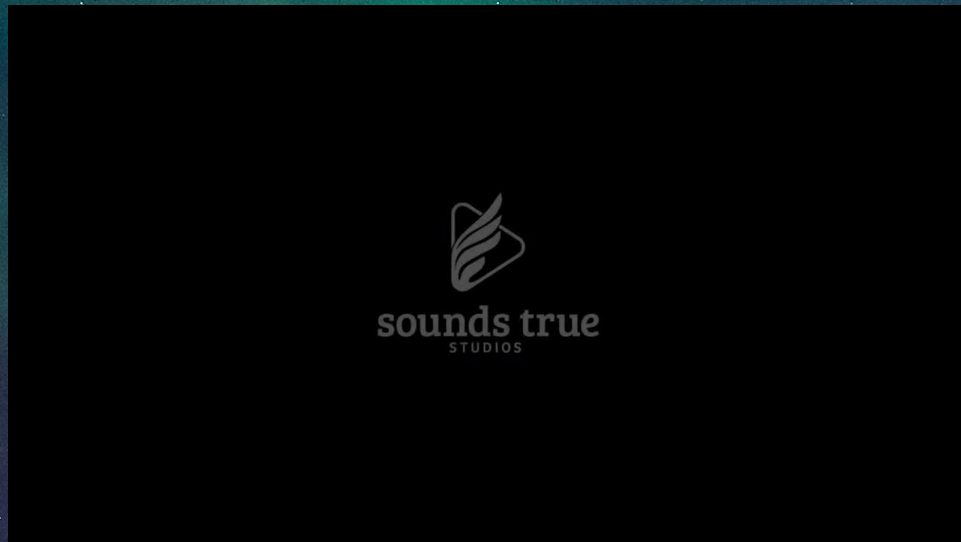
EPISODE 03

“Organic Divinity”



Caroline Myss

Caroline Myss is a world-renowned medical intuitive - someone who is able to see illness by intuitive means. She is outrageous in her honesty and directness, brilliant, wholly original, and someone who sees what is invisible before it is made visible. After establishing a highly successful career in medical intuition, Caroline went through a series of awakenings that brought her to focus on teaching on practical mysticism, the power of prayer, and what she calls “Organic Divinity.”



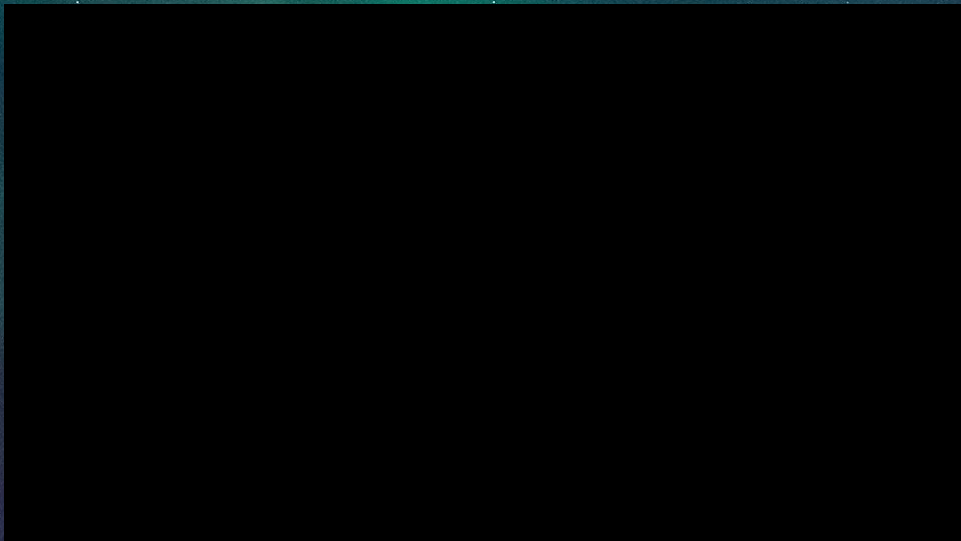
EPISODE 04

“Loving Awareness”



Jack Kornfield

Jack Kornfield is one of the most beloved meditation teachers in the world today. Through humor and storytelling, he makes traditional Buddhist teachings and practices accessible, friendly and inclusive. Jack is a creative powerhouse. He is the author of numerous books, holds a PhD in clinical psychology and is the cofounder and principal teacher at the Spirit Rock Meditation Center in Woodacre, California, just outside of San Francisco, a center that is visited by an estimated 40 thousand people per year.



EPISODE 05

“High Magick”



Damien Echols

Damien Echols is a practitioner of high magick. High magick, also known as western, ceremonial magick, is not to be confused with stage magic. It's a time-tested spiritual path that combines rituals, visualizations, incantations, and breathing practices to enable the sincere practitioner to tap into higher levels of divine energy. Damien began practicing high magick with diligence after he was in prison at age 18, for a crime he did not commit. He was finally exonerated in 2011. Damien emerged from prison, including more than ten years in solitary confinement, a magician.



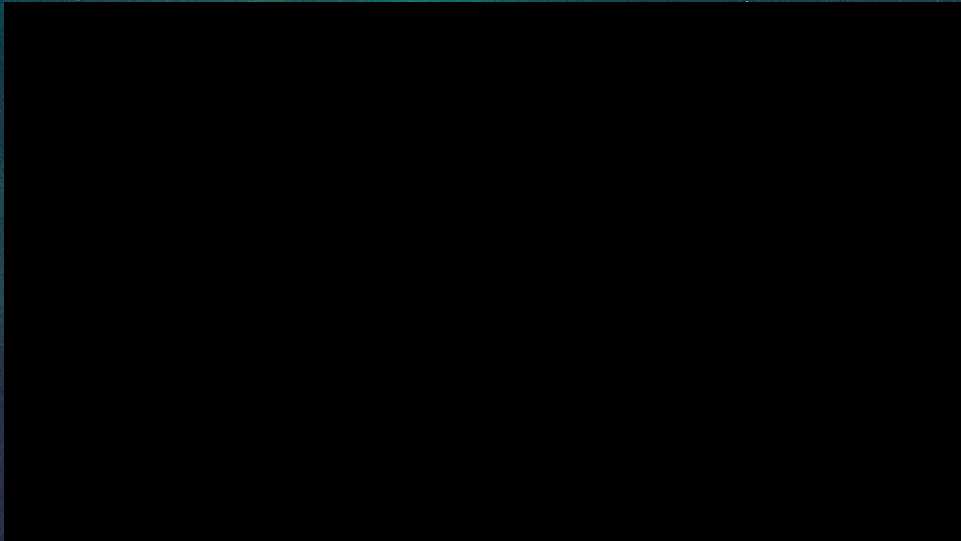
EPISODE 06

“Roar Like A Goddess”



Acharya Shunya

Acharya Shunya is the first female leader of a 2,000 year old Vedic lineage. She is a scholar of the original sacred texts of India, and the classically trained master of Ayurveda, India’s 5,000 year old system of holistic health and lifestyle wisdom. Acharya Shunya brings her tradition forward in a way that is wholly relevant to our times. She is a fierce, loving and unapologetic female spiritual leader...she encourages each of us to claim our innate sovereignty and bring forward our True Voice.





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**THANK
YOU**